



The Padawan

Saint Anthony's High School
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FRESH TO CAMPUS

CLASS OF 2028 JOINS THE FRIAR FAMILY

Senior Writer & Editor-in-Chief:
Logan Taylor

On Friday, September 6th, the class of 2028 officially began their Saint Anthony's High School careers. The freshman class, comprised of over 600 students arrived on campus with hope and excitement, eager to learn what the school year has in store. These students are the future of Saint Anthony's High School. The athletes, scientists, artists, ministers, club leaders, entrepreneurs, and designers who will further enrich our already vibrant school community. Each freshman student is entering Saint Anthony's with unique perspectives, talents, and aspirations; all of us, faculty, students, and staff alike, cannot wait for them to succeed.

While starting high school can be exciting, it can also feel slightly overwhelming. Many students are entering Saint Anthony's without knowing anyone. Some are coming from significantly smaller schools and will face challenges adjusting socially to the larger environment. Many are anxious over academics and feel increased pressure to excel in the classroom, while even more struggle to discern their plans for college and beyond.



In keeping with this year's theme of resilience, the class of 2028 has been encouraged to embrace challenges as opportunities for growth. To put their best foot forward and never back down even in the toughest of moments. Certainly, entering high school is an immense transition. A critical juncture in a young person's life in which great resilience is undoubtedly required. It's the first small step on a long journey in which our freshmen will succeed, fail, make mistakes, get back up, and learn from them. That is the essence of resilience, and that is the quality we hope to instill within our student body.

So far, the class of 2028 has beautifully displayed their resilience, keenly adapting to the school environment, both socially and academically. However, they couldn't have done this without a little help. Upon arriving on campus on September 6th, the freshman class, met by leagues of teachers, was ushered into the auditorium, trained on how to utilize iPad technology, guided to the bookstore to purchase necessary reading materials, granted insight into holy happenings with a visit to the chapel, and given the chance to practice their day 1 schedule.



Saint Anthony's has always emphasized a strong sense of the Franciscan community, and no better was that value embodied than during Freshman Orientation. The school's commitment towards guiding the class of 2028 to effectively make this great transition has certainly fostered a greater sense of community among the student body, as well as inspired the Franciscan spirit of resilience within the freshmen class. Millicent Cicotto added, "Brother David's presentation was so uplifting and he made everyone feel so welcomed. As soon as he started talking to us, I felt like I was already welcome to the school and felt like I fit in just fine. I think he has been making all the freshmen feel comfortable and excited to be in a new school."

Similarly, Freshman Dean Brother Joshua commented on the class of 2028's integration into Saint Anthony's, stating, "They're more comfortable with each other. In the first week or so everyone was afraid to talk to the kid next door, but now they come into the cafeteria, they're friendly with each other, they're comfortable...they're following that trend.". With the foundation laid by orientation, the class of 2028 has been welcomed and embraced by the school community. As we stand, the fresh-

men have already begun to form various connections across the school and engage with the plethora of extracurricular offerings.

Saint Anthony's has always prided itself on allowing students to explore their interests. One of the most exciting things about beginning at Saint Anthony's as a freshman is the sheer volume of clubs and the novelty of participating in them. Being able to experiment, try new things, meet new people, and ultimately gain a greater sense of oneself through extracurricular pursuits is one of the great pleasures of being a student at our school. When asked what clubs he's looking forward to, Logan Castro said, "I plan to join the fishing club and gaming club!", his zeal a testament to the school's great variety of activities.

Additionally, the freshmen class fervently anticipates the list of upcoming events such as, the Freshmen Movie, Toy Drive, and the SALT-organized Freshmen Carnival. All of these will serve to deepen the freshman's connection to the Saint Anthony's community, and illuminate the joys of being a Friar.

"The Freshmen are excited about all the events and activities and special things that happen at Saint Anthony's"

-Brother Joshua.

While the class of 2028 embarks on their Saint Anthony's journey, the excitement is palpable. The myriad of opportunities available through extra curriculums will help them discover their passion and interests, and develop both skills and friendships along the way. Support and mentorship from both faculty and upperclassmen will continue to play a vital role in their personal growth as they acclimate to the environment at our school, both socially and academically. Everyone at Saint Anthony's eagerly anticipates what this year has in store for the class of 2028. We're confident in knowing that they will face each challenge head-on, with resilience, and embrace their Friar-ship as they continue to serve and enrich our community. Welcome class of 2028 -- your journey has just begun!

Moderator:

Mr. Christopher Farrell, Dean of Admissions

Editor-in-Chief:

Logan Taylor, '25

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Brother David Anthony Migliorino, OSF
Principal

Brother Joshua DiMauro, OSF
Assistant Principal, Dean of Student Activities

NEWS BRIEFS

Jubilee 2024 - Honoring the Franciscan Brothers

The Jubilee this year has everyone saying "Oh Brothers!" This year Brother Edward and Brother Ferdinand celebrated their 65th Jubilee while Brothers Gabriel, Benjamin, Owen Justinian and Thomas celebrated their 60th Jubilee in the Franciscan Faith. The Jubilee was a day filled with laughter, joy, dedication, music, and faith. The families of the honorees joined the Brothers in honoring their milestones. Bishop Barres, who was joined by many concelebrating priests from the Dioceses of Brooklyn and Rockville Centre, was the celebrant who presided in the Our Lady of Angels Chapel at Saint Anthony's.



Everyone there felt a deep sense of spirituality, watching the Brothers renew their vows as they celebrated decades of service. Following the Jubilee Mass, a festive brunch was hosted in the Saint Anthony's Cafeteria for the guests. May God continue to bless the Franciscan Brothers in their ministries.

Senior Writer: Tatyana Poland

The Annual Black and Gold Gala

On Saturday, October 19th, Saint Anthony's High School hosted the grand gala event of the year at the Crest Hollow Country Club. The gala brings together families, friends, and alumni for dinner, a silent auction and live music.



This year, the gala honored the Sampino family, members of the Saint Anthony's community since 2015. Michele and Dr. Anthony Sampino are both accomplished professionals in medicine and very committed to faith and family. Their children have thrived within the school's nurturing environment. Isabella, PJ, and Gabriella all record significant academic strides.

During the cocktail hour, the Gregorian Schola, known for their beautiful renderings of sacred music, welcomed those entering. The Schola, along with the Celtic Friar Pipe Band, opened the dinner by performing "America the beautiful" and our national anthem, "The Star-Spangled Banner". The event was truly one to remember. Special thanks to Mr. Don Corrao and the Development Office for all of their work.

Senior Writer: Nikolina Johannessen

HOMECOMING

KING AND QUEEN CROWNED AT PEP RALLY

Freshman Writer: Andrew Soojian

After two 25 minute classes and a 10 minute homeroom, the cheerleaders were flipping and making pyramids, Freshman Elijah Stevens dressed as the Friar Mascot paraded around the Gym, and Student Council President Jacob DiazGranados was announcing and introducing our teams at the annual Homecoming Pep Rally.



Once the gym was filled with the entire student population, the Orchestra and the Schola led the audience in the National Anthem. First off was the cheerleaders following by the Kickline. Both squads presented exhilarating and energetic performances.

As the cheerleaders rolled their mats, the Rock & Roll Club entertained the audience with "I Want You Back" by Michael Jackson. The captains of Girls Varsity Cross Country, were called to the stage by President DiazGranados to give a short speech on their statistics for the season thus far.

We found out that this is one of their best seasons yet and they even won the recent St. Anthony's invitational! Afterwards, the captains of Boys Varsity Cross Country, ran out with enthusiasm up to the stage to speak of their strong season and accomplishments so far.

Next up was Varsity Crew! The captains stormed out to introduce themselves, their team, and speak of their strong season out on the water. Then, out came Girls Varsity Swim, complete with bubble guns for their grand entrance. In the captains' remarks, we found out they are undefeated so far this season! Girls Varsity Tennis took the stage next to announce their third consecutive year as Catholic High School Athletic Association Champions and have not been defeated even once so far in the season.

The upperclassmen then began a chant, shouting, "We want Step Team!!!" over and over. President DiazGranados delivered, with his next introduction being the step team, to much cheer and bleacher stomping from the Juniors and Seniors! We were then treated to the team's thrilling performance.

Next up, Girls Varsity Soccer marched out in their gold capes and cowgirl hats, their choice for Black and Gold day! Shortly after they took the stage and introduced themselves, they announced they have twelve wins and zero losses this season, and are looking to gain the state championship.

As soon as the girls exited, the Boys Varsi-

ty Soccer team was introduced and WHAT AN ENTRANCE!!! The captains were carried in lying flat, held up high by their teammates! The captains pointed out that they had a slow start last year, but ended by winning the state championship and are looking to get there again this year.



Last, but certainly not least, the Varsity Football team zoomed in on scooters and one player even shot through the break-away paper as Superman! The captains took to the stage to deliver their remarks, ending with the most important invitation: "It's our last (home) game tonight, playing SJB, be there." The team then formed the honor guard for the Homecoming Court nominees.

President DiazGranados concluded the Rally with Senior Anna Gross and Senior Gregory Lindsay being crowned as the reigning Homecoming King and Queen. They were joined on stage by other classmates who were selected as part of the Royal Court. As always, the Pep Rally was filled with Friar Pride and school spirit!

FALL ACADEMIC AWARDS

Junior Writer: Chloe Nuccio

At St. Anthony's High School, we value academics second only to our faith. Our students set high standards, consistently strive for excellence, and work diligently to achieve their goals. With no shortage of rigorous academic classes, students are always enrolling at Saint Anthony's to partake in its well-rounded educational offerings. Recently, our Friars were recognized for their dedication and academic prowess at the St. Bonaventure and Blessed Dun Scotus award ceremonies, receiving honorary certificates of outstanding academic performance in the 2023-2024 school year.

The St. Bonaventure and Blessed Dun Scotus award ceremonies were beautifully organized recognizing not only individual student achievements but those of so many Friars. Held in the Brother Joshua DiMauro Auditorium, students and families were filled with excitement to celebrate and honor their students' academic achievements. Both ceremonies, held on two separate evenings, encouraged our Friars to continue to aim high and strive for excellence.

As Student-Deans Dr. Christina Buehler and Mr. Robert Arrigo announced the awards, with Brother David and Mr. Washington respectively presenting them to students, it was inspiring to see the sheer volume of disciplined, dedicated, and de-

voted students. Students who received the Saint Bonaventure award earned a cumulative average of 94.5% or higher for the 2023-2024 school year, whereas students receiving the Blessed Dun Scotus award earned a cumulative average of between 89.5% to 94.4%. Students shared this special moment with their families who applauded for each Friar who received their award. During the ceremony, a variety of high-achieving academic awards and scholarships were presented to various students.

Top Five Students

2025

*Grace Nolan
Reilly McKinley
Olivia Czoch
Joseph Philip
Mason Solomon*

2026

*Daniel Hoberman
Sophia Venditti
Alexandra Sepulveda
Charlotte Marino
Aaron Roccanova*

2027

*Olivia Shaw
Hudson Solomon
Lucia Mercado
Anthony Sguera
Nick Thuniljinda*



The support among students, parents, and teachers was palpable, with so many attending the ceremonies to acknowledge the consistent efforts of our students throughout the school year. Concluding the ceremony was our Principal, Brother David, who shared a lovely, insightful anecdote from his time in grade-school. Brother recalled a phrase his Elementary School Teacher, Sister Cecile Marie, said each day that resonated with him: "Proper planning prevents poor performance", a slogan many will recognize from the walls on the 3rd floor. Brother declared his pride in the students' hard work and encouraged them to keep aiming for excellence! The Saint Bonaventure and Blessed Dun Scotus Academic Award ceremonies were memorable nights filled with encouragement, support, and hope for the bright future of academics at Saint Anthony's, as well as the continual pursuit of knowledge and success within our student body.

AMERIGO

THE BRIDGE THAT CONNECTS STUDENTS

Senior Writer: Shirley Ren

You may have heard the term Amerigo often at our school. But do you know what it means?

Amerigo Education (AKA Amerigo) is a private company founded in 2016, and less than a decade later, has become the largest international education service provider in North America. Its predecessor University Track Prep (UTP) was first established by St. Anthony's alumni Mr. John McDonough and Mr. Douglas Milstein who are now a part of the Amerigo team as Senior Advisor and General Consultant respectively. Amerigo partners with various highly ranked North American high schools, middle schools, and elementary schools in order to provide a holistic study abroad education and experience for international students. One of their partner schools is us! Right here at St. Anthony's High School. Our excellent science, business, art, sport programs (just to name a few) and great suburban location that is close to the city have attracted students from all around the globe to become members of our Friar Family. From Taiwan, Japan, China, South Korea, Spain, Portugal, Mexico, Italy, Brazil, Vietnam, and many more! To break it down into proportions, almost 10% of our student body, which is roughly 240 students out of the 2,530 students that attend our

school in total, are international students.

Our diverse student body has created a unique academic environment special to our school. Since there are so many students from so many backgrounds, Multicultural Day is an example of one of the many events that embraces the cultural diversity of our school. Students spend an afternoon filled with laughter and excitement while having fun playing the many activities/games available and enjoying the traditional foods of various countries. Any St. Anthony's student can attend, so make sure to check it out!



And of course, we also have clubs, such as the Global Ambassadors, that are centered around creating events that assist new international students to become adjusted on both an academic and social lev-

el to our school community.

Many Amerigo students that are alumni of St. Anthony's High School have also continued their academic journeys in several prestigious universities both in the United States and abroad. Some examples of the many universities include UMichigan, Vanderbilt University, NYU, George Washington University, Brown University, and Bocconi University. In fact, statistically, 100% of the international students that applied to the Top 100 Universities were accepted (source from Amerigo Education's website). What an impressive feat!

Thanks to the partnership between St. Anthony's High School and Amerigo Education, our school has formed such a distinct and diverse community. Maybe you know someone in your class who's an Amerigo student or maybe you are already friends with them? If you don't, it's not too late to ask them for their name or get to know them. And if you are an Amerigo student who wants to meet more people, make sure to check out the St. Anthony's Club List and school calendar for all the various events that you can attend! Classmates for Four Years, Friars Forever!

Check out page 05 which highlights two interviews conducted with two international students in our Amerigo Program, Quirie Hong and Qingyi Ren.

OPEN HOUSE - OPEN "HOME"

SAINT ANTHONY'S WELCOMES OVER 600 PROSPECTIVE FAMILIES

Junior Writer: Jordan Turnansky

At the start of each school year, there is a momentous event that marks the beginning of a prospective new Friar's journey. Open House is the first event available to prospective students as they begin to discern what high school they might like to attend. And so, on Saturday, September 28th, Saint Anthony's High School opened up its doors to any 7th or 8th grader looking to make this school their new home. With bright smiles and friendly faces, the Faculty, Staff and Students helped welcome the visiting families to our Open House. By 9:00 AM, the amount of students and people lining the hallways was outstanding, each and everyone excited to see what awaits them with a Friar Education.

Planning for Open House begins over the summer. Mr. Farrell, Mrs. Mazzucca and Ms. Malangone review notes and make adjustments as needed. Mr. Farrell's foresight and organizational skills make the process run quite smoothly! Open House involves participation and cooperation from the whole school: the custodial staff prepares the building for the hundreds of visitors, the faculty, staff, and coaches all volunteer to be present to provide insight and answer questions families may have, and the students undergo training to lead tours and are a welcoming presence throughout the building. It is a true team effort. Ms. Malangone stated: "If I had to choose

one word to categorize how the school comes together for Open House it would be selflessness. The willingness and enthusiasm of all involved in Open House make for a truly phenomenal day and this encapsulates how much we all love Saint Anthony's!"



The class of 2029 was led into the gym to be greeted by Brother Joshua and the Gregorian Schola, as well as Mrs. Avelaneda, the Director of Music conducting the Saint Anthony's Symphonic Band and Orchestra. The atmosphere was welcoming and peaceful, especially with the delicious treats provided by the Mothers' Guild serving the attendees. Throughout the day, families were led by Friar Faithful members throughout the school, given the opportunity to explore the layout of the high school. The Anatomy Lab, the Business and Innovation Center were bustling

with people wanting more of an insight.

In order to make the day run smoothly, there were students right by each of the families' side guiding them and explaining everything in detail; answering all questions. The culmination of the tour was the Student Center, where, teachers were lining the track in the student center awaiting anyone to ask further questions. From academic departments and sports teams, to deans and administrators; everyone came together to further the experience making it more helpful and joyous. The Saint Anthony's Admissions Office felt that everything ran smoothly and everyone was bustling with excitement.

But the bigger question is, how did the newcomers feel on this day? Evan Krill, a prospective student for the class of 2029 was asked about his first thought while entering the building; he stated "It is a very nice school and is very competitive in sports...the appearance is very nice. Everyone looks very friendly and very well dressed." Evan was enveloped with kindness and inspiration to pursue athletics at this school based on his experience at open house. He was overjoyed by the friendliness and sense of home and community that he was feeling during his time at the Open House. This event does not just mark the beginning of school prep for catholic entrance exams, but it kicks off the new season of students finally being led home by God.

ACADEMICS FIRST!

HELPFUL STUDY TECHNIQUES

Sophomore Writer: Antoinette Uhler

The average high school student spends around 17 hours a week doing schoolwork. Add on hobbies and the bus ride home — you're out of time! However with the right techniques, that time can be cut in half. Everything depends on which type of learner you are. There are four main categories: visual, auditory, reading/writing, and kinesthetic. You may fit into one or all.

Visual learners find drawings and charts easier to comprehend. Mind mapping is a great way to see your notes in a visually pleasing format. Write the central idea in the middle of the paper, then surround it by more specific, related ideas. For example if you were studying energy, you would place energy in the middle, and branch kinetic and potential energy off of it. Continue to go into specifics! If you want to go the extra step, try color coding. Use a specific color for each topic, that way you'll be able to better separate each idea and draw attention to the more important ones.

Then there are auditory learners. These students retain information best when listening. The most obvious tip is to take advantage of class time when the teacher is

talking. However, study groups are another way to hear others talk out the concepts of your lesson. You may even benefit from hearing other perspectives! If for some reason none of these work, record a reading of your notes. This is just another way of hearing the material spoken aloud.



Those who benefit most from reading and writing should consider blurting. This is when you read all your notes in one sitting and write down everything you remember. Then fill in everything you forgot. Repeat the process by reading what you just wrote until you remember everything. Not only is this an interactive way of rereading your textbook, but it also leaves you with notes in your own words. This way you will better understand confusing passages.

Lastly, there are kinesthetic learners. These students learn best through physical activities, like experiments or active gestures. The best recommendation is to "teach your notes". Stand up as if you're a teacher. Talk through your notes, explaining the concept until you can teach it confidently. Once you have finished your "lecture", you are ready to go!

The most important thing to remember while studying is to push yourself. You will not always be motivated to do something tedious like studying. But that's ok! It is crucial to learn how to rely on discipline instead of motivation. Even though you don't want to do something, you will eventually realize the importance of doing it right now. The sooner you learn how to persevere through temptations of quitting, the easier it gets. Remember, you are capable of achieving anything you work for!



GET TO KNOW

SOME AMERIGO STUDENTS

Senior Writer: Shirley Ren



Curie Hong

Interview I

Briefly introduce yourself.

Hi! My name is Curie Hong and I'm a senior. I'm from South Korea, and I've been attending St. Anthony's High School since sophomore year.

Why did you choose to attend St. Anthony's High School?

In Korea, there are agencies that help connect students with study abroad opportunities. So my agency connected me with Amerigo, and from there I got to learn about St. Anthony's. My first impression was that the school was really big; it felt like a whole new world. I like meeting new people, so it was an experience that I wanted to have. And I've always wanted to come to New York.

What do you like the most about the school?

That's a hard question because I like everything at St. Anthony's. I like how we have so many clubs—and the teachers are super nice. My experience here is definitely different compared to Korea.

What clubs, organizations, and/or sports are you a part of?

I'm a part of NHS! I did Science Olympiad last year. Other clubs I'm a part of include Save Our Shelters, Soup Kitchen, and Community Outreach Service. Sportwise, I did Tennis Club during my sophomore year.

How has being a part of our Friar Family impacted you?

Whenever I go out in my Friar attire, everyone recognizes that I'm from St. Anthony's and welcomes me. I've noticed that since my sophomore year, and I've made new friends through this. Also, I like how everyone at school is so nice too because they try to include you and make you feel welcomed.

Favorite memory?

I wanna say prom because in Korea we don't have prom. It was definitely a new experience—I had so much fun taking pictures and doing my makeup with my friends! I'm really glad I went!

Do you have any advice for other international students?

I think you should be yourself. I know that

sometimes it can be hard because you're in a different country and speaking a different language. But being yourself is really important. And I would also recommend being more involved in the Friar Family.

Interview II

Briefly introduce yourself.

My name is Qinyi Ren, and my English name is Abby! I'm from China—18 years old—and this is my first time coming to the US to study.

Why did you choose to attend St. Anthony's High School?

My dad wanted me to come to America for school. My aunt found this school, and she said it was the best school on Long Island, so I decided to go here.

What do you like the most about the school?

I really like how there are so many students from so many different countries because I get to interact with people from different backgrounds. And the teachers are very friendly.

What clubs, organizations, and/or sports are you a part of?

Last year, I joined the Coding Club and it was really fun. We learned how to code and how to program robots. This year, I'm joining the Math Club because I like math and it's one of my best subjects.

How has being a part of our Friar Family impacted you?

I really feel like I'm a part of the Friar Family. For example, I live in the school dorms and whenever something occurs, the dorm teachers really help you and are there for you.

Favorite memory?

My favorite memory is when I first came to the school during the orientation day for international students. I met so many new people and made new friends.

Do you have any advice for other international students?

I definitely recommend joining as many clubs as you can! It gives you the opportunity to meet new people and to be more involved in school. The Coding Club is a great club to join. Speaking of joining new clubs, I'm also thinking of joining the Badminton Club this year!



Qinyi Ren

THE FRIARS WINNNN!

SAINT ANTHONY'S TOPS

SJB COUGARS AT

HOMEcomings GAME

Freshman Writer: Andrew Soojian

Friar Nation took the captains advice from Pep Rally to "be there,"and showed up to see the action at Cy Donnelly Field for the Homecoming Game! Friartown is known for spirit, but seeing it in action at the Homecoming Game is impressive. The pre-game festivities were top-notch with performances from the Cheerleading Squad, the Band, and the Celtic Friars Pipe Band.



The Friars were performing at their best in their match against the Cougars during Homecoming, with a touchdown and the extra point not even five minutes into the game! With 8:39 left in the first quarter the Friars scored their second touchdown and extra point. With 1:30 left in the quarter, the Cougars got close to their first touchdown, but the Friars held their ground. There was no action in the second until the Friars broke out into a 30 yard sprint resulting in a touchdown and then an extra point.

During halftime show at the game, fans we were treated to more performances from the cheer teams, and the kickline gave their performance as well. The center of attention though, was the well decorated floats for each of the classes and the Homecoming Court!

The score remained 21-0 Friars until the Cougars scored a touchdown and extra point with 6:00 left in the third, finally putting them on the board. With 4:19 left in the quarter, the Friars scored a touchdown and extra point, making the score 27-7. It remained that way until the end of the quarter.



In the 4th and final quarter, the Friars scored another touchdown and extra point, making the score 34-7. With 1:10 left in the quarter, the Cougars almost scored their second touchdown, but it was saved by our defensemen. The Cougars didn't give up so quickly though, as they scored their actual second touchdown at the buzzer of the game, making the final score 34-13! The Friars left the field at Homecoming in a well executed win!

PLACING GOD FIRST

FRESHMAN IMMERGE THEMSELVES IN FAITH

Freshman Writer: Jenna Caniano

On Wednesday October 9th the freshman class attended Freshman Faith Day, a day dedicated to strengthen and deepen our understanding of the Catholic faith. Brother Richard Contino, OSF started the day speaking of the variety of ways in which the students at Saint Anthony's have demonstrated their faith. He mentioned observing students stopping in the chapel for a minute or two between classes and attending Adoration. Brother spoke of students who demonstrated their commitment to their faith by participating in service clubs, and urged all to take advantage of the wide varieties of opportunities available to us at Saint Anthony's.

After Brother's introduction, the freshman class had the opportunity to have breakfast together in the Cafeteria. Following breakfast, the class was separated into a girls group and a boys group with the girls group returning to the auditorium and the boys reporting to the gym.

The girls group was first addressed by Missionary Sisters of Saint Benedict who spoke about answering our vocation whether it was married life, Religious life, or single life. They explained that whatever our choice, we are making a commitment to a way of life and to God. Next, Sister Mary, Help of Christians of the Salesian

spirit talked about many things that teenage girls struggle with, such as insecurities, friendships, boyfriends, etc. She was very easy to relate to when she spoke of her own teenage years, and how she was able to tell her worries to the Bless Virgin Mary. Sister encouraged us to bring our problems to God during the celebration of HolyMass.



Christian Bayer, who is a member of the incoming freshman class, attended Freshman Faith Day. He stated, "Father John Crozier talked about the meaning of being a priest. Father Crozier played a video of his friend who is also a priest. In the video he talked about discovering his vocation to the priesthood and of becoming a priest." Father drew a connection between surfing and life, creating the simile that

like the ocean, life has bumps and waves that you have to overcome, but if you stick with God, the waves will be calmer.

Brother Vincent Adams, OSF of Campus Ministry talked about being called to God, and his experience with the RCIA. Brother David also spoke to boys and explained what it means to be a Friar.

The boys then returned to the auditorium, the entire class was addressed by Father Brian Barr who related the tragic story of a mother who lost her three children in a car accident. He told us that he was asked to speak with the woman and he tried to help her as best he could. He explained that life has "Good Friday moments". What he wanted to relate was that there are moments in our lives that sometimes feel impossible to recover from, however there will always be an "Easter Sunday moment," that is a moment where you understand that you have, with God's help, made it through the difficult times.

Freshman Faith Day ended appropriately with the celebration of our faith. Holy Mass was said by Father John Crozier, Chaplain of Saint Anthony's. As a class it was an important part of the Freshmen beginning their faith journey together at Saint Anthony's. To conclude the day, Brother David finished the day by leading through a "Black - Gold" cheer that united us in true Saint Anthony school spirit.

THE CHAPLAIN'S CORNER

The Franciscan Charism

A few years ago, while I was still in seminary preparing for the priesthood, I had a conversation with a fellow seminarian. I remember sharing with him that I found it challenging to answer the question, "Who are some of your favorite saints?" While the question is simple and straightforward, I often felt overwhelmed by the number of "favorites," making it hard to narrow down my response. My friend responded to my quandary with a simple response: "You don't find your favorite saints; your favorite saints find you."

This was more than just a clever comeback; my friend offered me a great insight into the reality of the Communion of Saints and how we interact with them. In October, our school community celebrated a saint of particular significance for us: St. Francis of Assisi. Although I never attended a school in the Franciscan tradition, St. Francis's influence and charism have profoundly impacted my life. To echo my friend—St. Francis has found me.

As the Vocations Director for the Diocese of Rockville Centre, I often get asked how priests and religious brothers and sisters find their way into the specific religious orders or dioceses they belong to. For diocesan priests like myself, it's straightforward—we serve the place from which we come. However, the story is a bit different for those in religious orders like the Franciscans. If you ask any of the Francis-

can Brothers at St. Anthony's, they will tell you that St. Francis, and the community he founded, found them. During our monthly school Mass in October, we witnessed the brothers renewing their vows of poverty, chastity, and obedience. Just two days later, several brothers celebrated major anniversaries of those vows, with a combined total of over 300 years of service.

There is a powerful simplicity to the Franciscan order. While art, literature, film, and even sports mascots have sought to capture the external image that is uniquely "Franciscan," it is the interior—the heart and soul—where the Franciscan charism is born. Francis encountered the Lord dramatically before the image of the San Damiano Cross, but he continually experienced the Lord's presence in hidden, silent love.

Francis also understood that love has consequences. His very body bore the wounds (the Stigmata) that resulted from God's love for us—the nail marks of Christ's hands, feet, and side. Physically and spiritually united to Christ crucified, Francis drew strength from that union, allowing Christ to become visible through his virtuous life and actions of love.

This year, we celebrate the 800th Anniversary of Francis receiving the gift of the Stigmata in 1224. While the idea of Francis bearing the physical wounds of Christ might seem anything but a gift, we recognize that in Christ's wounds, you and I

have received the greatest gift: the gift of redemption. As we honor the father and founder of the Franciscan order, whose charism guides the mission of this school, may we find ourselves "hidden in Christ's wounds," as the Anima Christi prayer beautifully states. There, we can invite Christ into our wounds, burdens, and difficulties, and be embraced by the loving presence of God, who comes among us humbly and gently. Through St. Anthony's High School and those who have guided its mission, St. Francis has found his way to us.

Father John Crozier



In addition to his role as Chaplain at Saint Anthony's, Father Crozier serves as the Chaplain of Hofstra University and diocesan Director of Vocations.



FACULTY SPOTLIGHT

For each issue, the Paduan sits down with one of our esteemed Faculty Members to introduce them to our school community. If you have a teacher recommendation, please write to paduan@stanthonyshs.org

Mr. Christopher Doyle

Senior Writer & Editor-in-Chief: Logan Taylor

At Saint Anthony's High School, we pride ourselves in highlighting our faculty and the indelible impact they leave on both students and community. This month, we're shining the spotlight on Mr. Doyle. Mr. Doyle has been teaching Advanced Placement Social Studies courses at Saint Anthony's since 2018. He brings an upbeat, bright, easy-going energy to his classes, and always goes the extra mile ensuring his students understand the material. A St. Anthony's graduate, Mr. Doyle never shies away from a spirited (yet respectful) historical debate and/or political discussion. Additionally, he moderates Stage Crew and Model UN clubs respectively.

Paduan: How is the atmosphere among students different given the election?

Mr. Doyle: I definitely think it makes the school more excitable; interestingly enough..., in past election years kids I guess were more open to who they supported - it seems a little bit more secretive as to who they support now. I think people are a little reluctant to get involved or stake a claim. I think the students are excited but also maybe a little hesitant as to who could potentially be the President.

Paduan: What was your favorite club during your time attending Saint Anthony's?

Mr. Doyle: My favorite club was probably Tau. We would go to Our Lady of Lourdes Church in Brentwood, and we would help kids in Middle and Elementary school do their homework. It was actually super rewarding... and it gave me a new perspective on life. We come from Saint Anthony's, everyone is, for the most part, very privileged. To deal with kids who are not privileged in Brentwood definitely helps you have a better understanding of what other people are going through and how lucky we are to be at this school.

Paduan: You started teaching at Saint Anthony's in 2018. It was only your second year when we all shifted to virtual school due to covid. What was that transition like as a teacher?

Mr. Doyle: That was a massive adjustment. I remember having conversations with my co-workers like, "We need to come up with a time of day where you're going to stop working and stop looking at a laptop. Otherwise you're just going to be in this constant cycle of working", and I felt the students felt that way as well. All we were was just sitting in front of a screen, and that was so difficult, but at the same time it also helps you balance a little bit. Covid definitely helped me there during times when I think I was too engrossed in my work. It made me say, "okay, let's put a buffer on this". As awful as that period was, if you extrapolate the work aspect of it, it did make me a better worker.



Paduan: What advice would you give students studying for the AP Exam?

Mr. Doyle: Be active. When your teacher says to do the readings, do the readings. It's so important for AP US History to understand the language, to be able to provide context, cite evidence... to help you create your argument. You should be trying out different ways to study. Some people are better at auditory learning, some people at active learning, while some people are visual learners. You should be figuring out, "What's my best study habit, and how can I now incorporate that into my life and help benefit me to get the grades that I want?". I would also say to begin your review as early as possible without necessarily compromising your time with the course.

Paduan: In addition to teaching, you also moderate Stage Crew and Model UN. Does your involvement in these clubs generate interest among students to take your classes?

Mr. Doyle: I think so, yes. Judging by the past couple years of kids who have been in my classes: I've seen an increase in theater kids, I've seen an increase in stage crew kids, Model UN kids as well. I guess it's a good reflection on how the club is going, a reflection on me, as they've spent time with me and now they're like, "Okay I'd like to take a class with you"; so to me that's super rewarding and it's very flattering."



STAFF SPOTLIGHT

For each issue, the Paduan sits down with one of our dedicated Staff Members to introduce them to our school community. If you have a staff recommendation, please write to paduan@stanthonys.org



Mr. Eladio Castro

Junior Writer: Anthony Caiazza

Paduan: How long have you been working at Saint Anthony's?

Eladio: I have been working as the Cafeteria manager for 17 years.

Paduan: What is the best part about working here?

Eladio: Working at Saint Anthony's is very convenient as I now live very close to the school. My commute used to be very far all the way from Astoria, Queens. Since I have been working here for so long I now know how to do everything and my routine is very familiar.

Paduan: What is something fun about managing the cafeteria at Saint Anthony's?

Eladio: Meeting good students, making kids happy when they like the food.

Paduan: What does a typical day look like?

Eladio: Each morning I arrive at 9:00 am and first check in with each employee and ensure everything is running smoothly, and make sure the lunch for today is being prepared. I also have to make the food labels, take inventory, answer parent phone calls, manage my school bucks and make orders from vendors. Another part of my job is managing the events; this means I have to manage linens, drinks, and table settings. After this I usually leave at 6:00.

Paduan: What is the most popular item in the cafeteria? What sells the quickest?

Eladio: The most popular food in the cafeteria is usually the pesto chicken panini, Chinese food and mozzarella sticks. In the refrigerator the Starbucks and parfait go

very quickly. Can you believe we sell over 30 cases of water each day? And of course David cookies which are always sold out.

Paduan: How do you decide what foods will be on the menu each week?

Eladio: Each week we try to have something new. Every day after school there is a special item.



Paduan: Many students want some healthier menu options on the menu. Do you think this is possible?

Eladio: If we do a poll of items students want we can research the possibilities and potentially add them to the menu.

So here is your chance Saint Anthony's! If you want to make a suggestion of how we can better our experience with Cafeteria menu items, scan the QR Code and fill out the survey!

W&S Food Services is the proud purveyor of the Cafeteria Services at Saint Anthony's High School.



Survey responses are due by December 1. Responses will be shared with W&S.

HALLOWEEN COSTUME CONTEST

Freshman Writer: Ashley Caiazza

Each year Saint Anthony's hosts a Halloween Costume Contest open to all students on October 31. The contest gave students the opportunity to express their creativity by making or buying a fun and creative costume. At 7:45 AM on Halloween, the costumed participants descended on the General Office Hallway which had been made spooky and scary with decorations by the Student Council the previous afternoon.

Students were permitted to wear their costume all day long. The winner of the contest, determined by a panel of five teacher-judges, received a \$50 cash prize. The teachers and faculty also took the opportunity to dress up often with a theme for each department. The Student Council, Friar faithful Board, and NHS Board also donned costumes to promote the competition. This year's contest winners were Claudio Akpinar-Figueroa (Minute with Monk) and Kaylie Yurukov (Attendance Policy).



We are so grateful for everyone who participated and we encourage you to enter the contest next year!

MAKING THE MOVE

TRANSFER STUDENTS EMBRACE THEIR NEW HOME

Sophomore Writer: Antoinette Uhler
With hundreds of students in a single grade, you may think transfer students would go unnoticed. However, that is not the case. As they newly arrive at Saint Anthony's in 10th, 11th, and 12th grade, they are already starting to feel like Friars!

When asked how the school has welcomed her, Isabella Virgilio explains, "I felt welcomed from the tour we had that was set for transfers. The admissions office was extremely helpful as well when it came to transferring". In late August, a Transfer Orientation was conducted by the Admissions Office specifically for our Transfer Students. At the Orientation, Admissions Staff and Administration provided important information that would make for a seamless transition to their new home. Friar faithful members also assisted with schedules, iPads and tours of the building.

There are so many people who play a role in embracing the growing school community. From the admissions office to teachers and peers, it's needless to say that their best efforts haven't gone unnoticed. Allowing the nerve racking process of switching schools to glide over easily.

Lending hands and immense support from every single person around the building has undeniably contributed to welcoming new transfer students; certainly making them feel proud in calling themselves Friars.

DELANEY BARTLING:

OVERCOMING CHALLENGES AND THRIVING THROUGH GOLF

Senior Writer: Nicole Amoruso

In two short years, Sophomore Delaney Bartling is already leaving a profound mark on Saint Anthony's---an incredible and inspiring story. Delaney explains how her condition, cerebral palsy, all started at a very young age with a brain bleed caused by hydrocephalus. Hydrocephalus causes mass amounts of fluid in the brain known as CSF (cerebral spinal fluid) and makes one's brain swell. To remove the fluid from her brain, Delaney endured many surgeries that involved putting a shunt in the brain to drain the fluid.

After about 10 years, she started to feel sick, and after multiple MRIs and appointments, doctors soon realized there were complications with the shunt. As a strong eleven-year-old girl, Delaney had to undergo three more surgeries at Cohen's Children's Hospital in Queens to fix the problem. It was difficult for doctors to solve the problem regarding the shunt, but after the third surgery, doctors woke Delaney, and she asked, "Can I have an ice pop and some ginger ale?" It was then that doctors knew she was feeling better!

Cerebral palsy, a congenital disorder of movement, muscle tone, or posture is typically caused by a brain injury, often before birth. Yet four years later she had

a surgery known as a heel cord (Achilles tendon) lengthening, which would allow her to be more mobile in

her foot. Not even a year after her heel cord surgery, she had another surgery on her toe due to the fact that it was rotated in an incorrect direction. These surgeries have each helped Delaney in her daily life, whether it be the simple task of walking or tying shoes or as complex as golfing.



Because of her disability, she didn't have the opportunity like most kids had when it came to playing sports. She tried many different ones, like softball and karate, but they just weren't the right fit for her. That is, until she picked up a golf club for the first time. Delaney describes playing golf as "a way to forget she has a disability." She says that golf is a sport she doesn't really have to modify in any way, thus allow-

ing it to be a kind of escape. She didn't let her disability affect her golf, and it showed in all of her achievements.

During middle school, Delaney was a 2-year starter on the West Islip Girls Varsity Golf Team, making the Suffolk County Championship both years. She even helped West Islip earn its first League Championship in school history in 2023.

Upon entering high school, Delaney had expectations as well as pressure coming off the years before. Delaney knew that it wouldn't be easy coming into a strong team with players such as Grace London and Emma Giaquinto leading the way, but she knew a thing or two about determination and grit, as well as knowing how to play the game well.

Throughout the 2024 golf season, she made various accomplishments, including winning her first match and being a NSCHSGAA all-academic team. She has been a huge part of the team's spirit and victories. A perfect example of not letting one's disability define you, Delaney's remarkable story is very much an inspiration to all. Delaney says, "My hopes for next season are to not only improve my game but play in more matches as well as possibly making the cuts for individuals and states."

FALLING INTO THE GROOVE

Freshman Writer: Lilah Carden

As the once green leaves on Long Island shrivel up and darken, it is officially time to say that fall is upon us. Long Island is often overlooked when it comes to aesthetics for east coast fall locations, however, that just adds to the autumnal charm as the streets are not flocked with tourists. With the changing of seasons comes a myriad of activities specific to this time of year that one should look forward to, residents and tourists alike.

An outdoor activity that has gained lots of popularity on the island is apple picking. As New York has affectionately been nicknamed "The Big Apple", it has also been credited by the National Agricultural Statistics Service as the second largest apple producing state in the country (about 29.5 million bushels produced per year). Apple orchards and farms are located all over, but of the more prominent farms, Lewin Farms of North Fork has been credited as the first "pick your own" on Long Island. It is also a family owned farm in its fourth generation. In addition to picking apples, Lewin's offers many other outdoor activities perfect for the cooler air. This includes a corn maze which changes its 4 acre design every year, a farm stand with fresh produce, and pick your own pumpkins and gourds.

Additionally, autumn is a perfect time

for hiking due to the moderate temperatures, soft blowing winds and picturesque landscapes. Van Gogh even went as far to say that "As long as autumn lasts, I shall not have hands, canvas and colors enough to paint the beautiful things I see". As a way to soak in this beauty, notable trails to meander along include the ones at Sunken Meadow state park and the Muttontown nature preserve. No matter the place, it's important to engage with the natural world this autumn.



Photo Credit: @fgreco.images via Instagram

If the outdoors does not seem to be of major appeal, autumn is also the perfect time to settle yourself indoors with academics. With motivation high due to the new school year, it is important to develop helpful and effective study habits that cater to what you need as a student. Such habits are not transferable to everyone, so it is important to get through the "trial and error" period of different techniques early in the year. This way, when more

important exams come later on, studying correctly has become a second nature.

Finally, there is honestly no better time than autumn to begin independently reading. Reading could seem appealing due to the vast number of stories taking place in the cooler months; they will insert you into a curated mood perfect for the season. However, reading also contributes to the principle of starting good studying habits at the beginning of the academic year. Scholastic reports that students who independently read for just one hour per day were able to score in the 98th percentile on standardized tests. This is because reading often assists students in increasing their vocabulary and stamina when being tested on such. As well as performance benefits, reading can also reduce another thing new school years tend to bring- stress. Based on a recent study by the University of Sussex, reading only 6 minutes a day can reduce stress levels by 68%. Supporting this, the American Institute of Stress reports that based on their data, 75% of American high schoolers admit to feeling stress.

Autumn is a time of fresh starts, appreciation and connecting - this applies both to what we participate in doing these months, and what practices we adopt. Be sure to appreciate the season this year and engage with all the experiences it brings.

Signore Fa Di Me Uno Strumento

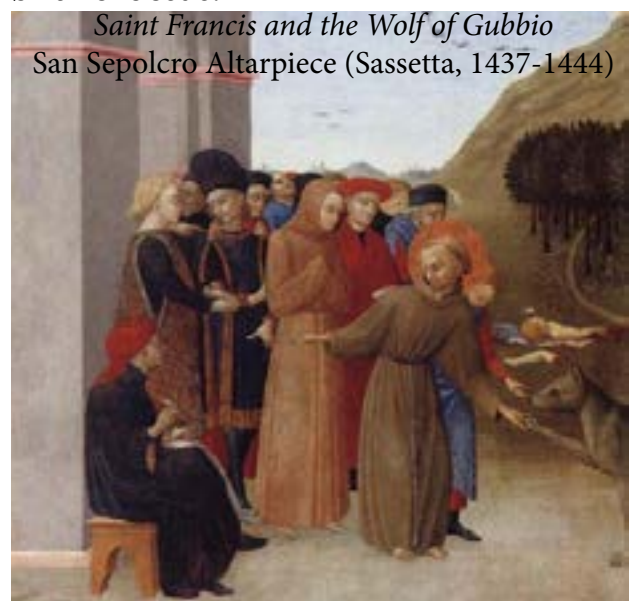
Saint Francis teaches us to Live as Instruments of Peace

Senior Writer: Tatyana Poland

Junior Writer: Maya Williams

Saint Anthony's High School and Saint Francis of Assisi are profoundly connected through shared foundations within the Franciscan Tradition. Both Saint Anthony and Saint Francis emphasized similar values of humility, service to the poor, and love for God and his creatures. Saint Anthony's High School incorporates these values in its educational philosophy as well as community life. The Feast of Saint Francis is a time of reflection on the many values he espoused, which are deeply ingrained within the principles of the Franciscan Brothers and Saint Anthony's High School.

Saint Francis of Assisi, born in 1181 in Italy, is a prominent saint within the Catholic Church, and he is celebrated on October 4th. Known for his profound love, care for nature and its creatures, he lived a life of simplicity and dedication to those poor and in need. Despite being born into a wealthy family, he chose to live a life of poverty as a friar, deacon, and preacher having renounced his wealth. He founded the Franciscan Order and established the Poor Clares and the Third Order. The Poor Clares order is a contemplative order for women, while the Third Order allowed for lay people to live out Franciscan principles without religious vows. Saint Francis is also known for the first live Nativity scene in 1233. He is said to have created this to help people better understand the birth of Jesus.



Saint Francis and the Wolf of Gubbio
San Sepolcro Altarpiece (Sassetta, 1437-1444)

Saint Francis has many miracles attributed to his time of preaching. A prominent one is the Miracle of the Birds. In the famous story, Saint Francis preached to a flock of birds that listened attentively to Saint Francis' teaching and did not fly away until he was done. Francis exclaimed: "My brother and sister birds, you should praise your Creator and always love him: He gave you feathers for clothes, wings to fly and all other things that you need. It is God who made you noble among all creatures, making your home in thin, pure air. Without sowing or reaping, you receive God's guidance and protection."

Another prominent story is the story of The Wolf of Gubbio. According to the legend, there was a wolf terrorizing the town of Gubbio. Saint Francis approached the wolf, spoke to it and in making the sign of the cross, the wolf became docile and stopped tormenting the town of Gubbio, in exchange for being fed regularly. Saint

Francis is attributed with calling out to the fierce creature "Come here, Brother Wolf. I command you on behalf of Christ that you do no harm to me or to anyone" and at that moment "the fearsome wolf closed his mouth and stopped running; and once the command was given, it came meekly as a lamb, and threw itself at the feet of St. Francis." The stories of Francis with animals emphasize the divine nature Francis possessed in his ability to communicate with animals. Saint Bonaventure wrote: "he [Francis] was filled with a yet more overflowing charity, and would call the dumb animals, howsoever small, by the names of brother and sister, forasmuch as he recognised in them the same origin as in himself...yet he loved with an especial warmth and tenderness those creatures that do set forth by the likeness of their nature the holy gentleness of Christ..." Here at Saint Anthony's, there is a statue of Saint Francis and the Wolf of Gubbio in our Front Breezeway. Less than two years after Saint Francis' death in 1226 he was canonized a Saint.

Saint Francis is also renowned for his deep connection to nature, humility, and dedication to a life of poverty. He is also celebrated as a significant figure in the world of music, inspiring countless composers, musicians, and poets through the centuries. His life and teachings have had a profound impact on the arts, particularly in music, where his messages of love, peace, and unity resonate

Saint Francis believed in the power of music as a means of expressing faith and devotion. His approach to spirituality was inherently joyful, and he often used music to convey his love for God and creation. The *Cantico delle Creature*, or "Canticle of the Creatures," is a prime example of his poetic expression. Written in 1225, this hymn celebrates the beauty of nature and all living beings, portraying them as siblings in the eyes of God. This text has inspired numerous musical compositions, highlighting how music can serve as a medium for spiritual reflection.

Throughout history, many composers have drawn inspiration from Saint Francis and his teachings. One of the most notable works is "Laudes Creaturarum," a musical setting of the Canticle by contemporary composer Frédéric Mistral. Additionally, Francis' life has inspired major works, including the opera "Francesca da Rimini" by Zandonai and the cantata "Saint Francis" by composer Eric Whitacre. These compositions not only reflect Francis' themes of nature and brotherhood but also explore the emotional depth of his character, revealing the timeless relevance of his teachings.

The Franciscan order, founded by Saint Francis, has played a crucial role in the development of sacred music. The Franciscans have historically emphasized the importance of music in worship and community life. They incorporated music into their liturgical practices, promoting hymns that echoed Saint Francis' reverence for creation. The order's commitment to simplicity and joy in worship paved the way for a musical tradition that celebrated the divine through accessible and heartfelt compositions.

In modern times, Saint Francis contin-

ues to inspire musicians across various genres. His messages resonate in folk music, choral works, and even popular songs, where themes of peace, love, and respect for nature are prevalent. Artists like Joan Baez and Paul Simon have infused elements of his spirituality into their music, reaching a broad audience and fostering a sense of connection to the values Saint Francis championed.

Saint Francis of Assisi's legacy extends far beyond his life as a saint; it encompasses a rich tradition of musical expression that captures the essence of his teachings. Through hymns, operas, and modern songs, his influence endures, reminding us of the transformative power of music as a vehicle for spiritual and communal connection. In an era where the world often seems divided, the messages of unity and peace found in the works inspired by Saint Francis offer hope and inspiration, encouraging us to embrace a harmonious relationship with each other and the natural world.



Saint Francis Consoled by Angelic Music
Guido Reni : 1605-1610

Saint Anthony's High School emphasizes the importance of compassion, humility, and service to others - values that Saint Francis exemplified throughout his life. Saint Francis' commitment to a life of respect towards all of God's creatures and a life of poverty and compassion serve as a powerful example for all students at this Franciscan High School. To celebrate the feast day of Saint Francis, the school celebrated Holy Mass together in the Auditorium. His feast day helps reinforce his teachings while encouraging students to embrace and demonstrate a spirit and soul of generosity and empathy to all creatures and one another.

Not only did the mass honor Saint Francis, but it provided students with a reminder of the importance of living a life of faith, simplicity, and service, aligning with the core mission of Catholic education. May we hear in our minds the words of that Mass' opening hymn...*All Creatures of our God and King...let all things their Creator bless and worship Him in humbleness...Praise the Father, praise the Son and praise the Spirit, three in One! Alleluia!* Francis' life and teachings serve as a timeless reminder of the beauty of simplicity and the importance of love in all its forms.